



LWYC CLUB RACING SEASON 2025-2026

SAILING INSTRUCTIONS

1 Rules

All races conducted will be governed by the rules as defined in the Racing Rules of Sailing 2025-2028, the prescriptions and special regulations of Australian Sailing, and these Sailing Instructions (SIs).

2 Notices To Competitors

Notices to competitors will be posted on the official notice board located in the Clubhouse.

3 Changes To Sailing Instructions

Any change to the sailing instructions will be posted at least one hour before race start time, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.

4 Signals Made Ashore

4.1 Signals made ashore will be displayed on the flagstaff in front of the clubhouse.

4.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 20 minutes'. This changes RRS Race Signals.

5 Schedule Of Races

The Club racing program is displayed on the official notice board and available from the LWYC website.

6 Class Flags

Class flags will be:

<i>Division</i>	<i>Flag</i>
1: boats 119.5 and below	Naval Numeral 1
2: boats 120 and above	Naval Numeral 2
3: Multihulls	Naval Numeral 3
4: All divisions	Naval Numeral 4

7 Racing Areas

Racing is conducted on the waters of Lake Wellington

8 The Courses

8.1 Courses for the Opening Day, Ross Smith Torchlight Challenge, Club Championship Series, Sheryl Series, Rainey Series and Warner Series races will be triangle/windward- return combination or windward-return with a leeward gate courses.

The course to be sailed will be indicated by a course board and flags displayed by the start boat prior to the warning signal.

Appendix A: Courses show the order in which marks are to be passed, and the side on which each mark is to be left.



Lake Wellington Yacht Club

- 8.2** Appendix B: Point to Point Race course- describes the course to be sailed in the “Point to Point” race.
The course will be confirmed at the pre-race competitor’s information session.
- 8.3** Appendix C: Avon River Race course – describes the course to be sailed in the “Avon River” race.
The course will be confirmed at the pre-race competitors information session.
- 9 Marks**
- 9.1** Marks are described in Appendix A- Course Descriptions.
- 9.2** New marks, as provided in SI 11 will be as above.
- 9.3** The starting mark is described in SI 10.2 and the finishing mark is described in SI 12.1 and 12.2.
- 10 The Start**
- 10.1** Races will be started by using RRS rule 26 with the warning signal given 3 minutes before the starting signal.
- 10.2** The starting line will be between the flagstaff on the committee vessel displaying an orange flag and the port end mark which may be a mark of the course.
A barging buoy may be moored from the committee vessel. The barging buoy and the committee vessel are considered as one unit and must be left to starboard as boats cross the line in the direction of the first mark.
- 10.3** Boats whose warning signal has not been made shall avoid the starting area.
- 10.4** A boat starting later than 10 minutes after her starting signal will be scored Did Not Start.
- 11 Change of Position of the Next Mark**
To change the position of the next mark, the race committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. The change will be signalled before the leading boat has begun the leg, although the new mark may not yet be in position. Any mark to be rounded after rounding the new mark may be relocated without further signalling to maintain the course configuration. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.
- 12 The Finish**
- 12.1** The finishing line will be a straight line between the control room in the clubhouse and the Home Mark which will display a blue flag. The finish line must be crossed in the direction in which the prescribed course is sailed. If a “port course” is signalled the finish line must be crossed leaving the Home Mark to port. If a “starboard course” is signalled the finish line must be crossed leaving the Home Mark to starboard.
- 12.2** When the committee vessel forms part of the finishing line the committee vessel will fly a blue



Lake Wellington Yacht Club

flag. The finishing line will be between the staff displaying the blue flag and the nearby port-end finishing mark.

13 Penalty System

The penalty system is RRS 44.1 “A boat may take a Two-Turns Penalty when she may have broken one or more rules of Part 2 in an incident while racing. She may take a One-Turn Penalty when she may have broken rule 31”

14 Time Limits

Time limits are as follows:

For round the buoys races	1.5 hours
For races with an extended time limit (see Annex “A”)	3.5 hours
The time limit for signing off after each race or group of races	30 minutes after the last boat has finished

Boats failing to sign off within the time limit will be scored Did Not Finish.

15 Protests and Requests For Redress

15.1 Protest forms are available at the race office. Protests shall be delivered there within the protest time limit.

15.2 The protest time limit is 60 minutes after the last boat has finished the race. This changes RRS rules 61.3 and 62.2.

15.3 Notices will be posted within 30 minutes of the protest time limit to inform competitors of hearings in which they are parties or named as witnesses.

15.4 Notices of protests by the race committee will be posted to inform boats under RRS rule 61.1(b).

16 Scoring

16.1 The Low Point scoring system will apply.

16.2 There must be at least 3 starters in a race to constitute a race

16.3 The number of races to constitute a series and to count towards series winners is:

Series	Races scheduled	Number Of Races to Constitute A Series	Races To Count
Club Championship	12	6	All races to count - No discards
Personal Handicap Championship	12	6	All races to count - No discards



Lake Wellington Yacht Club

Sheryl Trophy	4	2	3 of 4	3 of 3	2 of 2
KR Rainey Trophy	4	2	3 of 4	3 of 3	2 of 2
Warner Trophy	4	2	3 of 4	3 of 3	2 of 2
Commodore's Trophy	4	2	3 of 4	3 of 3	2 of 2

17 Safety Regulations

17.1 A representative from each yacht must complete a sign on sheet prior to the warning signal for that race. Any yacht not signed on will not rank as a starter.

A representative from each yacht must complete the sign off sheet to indicate he has either completed the race or retired and has returned to shore.

17.2 A boat that retires from a race shall notify the race committee as soon as possible.

17.3 Each Skipper must have completed the appropriate Safety Declaration of Compliance

17.4 Code flag F is flown at all times- Each crew member must wear a approved PFD

18 Official Boats

Official boats will be marked by flying the Club burgee.

19 Radio Communications

A boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.

20 Prizes

Prizes to be awarded will be as detailed in the Notice Of Race.

21 Disclaimer of Liability

All those taking part in races conducted by Lake Wellington Yacht Club Inc. do so at their own risk and responsibility.

Lake Wellington Yacht Club Inc., its members, officers and volunteers accept no responsibility for the seaworthiness of boats whose entries are accepted or the adequacy of its equipment.

Attention is drawn to Fundamental Rule 3 which states: *The responsibility for a boat's decision to participate in a race or to continue racing is theirs alone.*

22 Insurance

Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of \$10m per event or the equivalent.